



2023 NPC MISSISSIPPI CHAMPIONSHIPS

MENS DIVISION

MEN'S BODYBUILDING:

True Novice Bodybuilding Light - *Up to & including 176.25*

True Novice Bodybuilding Heavy - *Over 176.25*

Teen Bodybuilding - *One Class (18yrs - 19 yrs)*

Masters Bodybuilding 35+ - *One Class*

Masters Bodybuilding 40+ - *One Class*

Grand Masters Bodybuilding 50+ - *One Class*

Grand Masters Bodybuilding 60+ - *One Class*

Grand Masters Bodybuilding 70+ - *One Class*

Collegiate Bodybuilding - *One Class*

Hero Bodybuilding - *One Class*

Mr. Mississippi - Mississippi Residents Only (*One Class*)

Novice Bodybuilding Light - *Up to & including 165.25*

Novice Bodybuilding Middle - *Over 165.25 up to & including 187.25*

Novice Bodybuilding Heavy - *Over 187.25*

Open Men's Bodybuilding Bantam - *Up to & including 143.25*

Open Men's Bodybuilding Light - *Over 143.25 up to & including 154.25*

Open Men's Bodybuilding Welter - *Over 154.25 up to & including 165.25*

Open Men's Bodybuilding Middle - *Over 165.25 up to & including 176.25*

Open Men's Bodybuilding Light-Heavy - *Over 176.25 up to & including 198.25*

Open Men's Bodybuilding Heavy - *Over 198.25 up to & including 225.25*

Open Men's Bodybuilding Super Heavy - *Over 225.25*

CLASSIC PHYSIQUE:

True Novice Classic Physique - *One Class*

Teen Classic Physique - *One Class (18yrs - 19 yrs)*

Masters Classic Physique 35+ - *One Class*

Masters Classic Physique 40+ - *One Class*

Collegiate Classic Physique - *One Class*

Hero Classic Physique - *One Class*

Mr. Mississippi - Mississippi Residents Only (*One Class*)

Novice Classic Physique - *One Class*

Open Classic Physique A - *Up to & including 5'7*

Open Classic Physique B - *Over 5'7 up to & including 5'10*

Open Classic Physique C -

MEN'S PHYSIQUE:

True Novice Men's Physique - *One Class*

Teen Men's Physique - *One Class (18 yrs - 19 yrs)*

Masters Men's Physique 35+ - *One Class*

Masters Men's Physique 40+ - *One Class*

Masters Men's Physique 50+ - *One Class*

Collegiate Men's Physique - *One Class*

Hero Men's Physique - *One Class*

Mr. Mississippi - Mississippi Residents Only (*One Class*)

Novice Men's Physique - *One Class*

Open Men's Physique A - *Up to & including 5'6*

Open Men's Physique B - *Over 5'6 up to & including 5'8*

Open Men's Physique C - *Over 5'8 up to & including 5'10*

Open Men's Physique D - *Over 5'10*